

Blakeney Autumn Menu 2021

- Added Plant Power
- Vegan
- Wholemeal

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Week 1
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

Week 2
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

Week 3
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tomato Pasta	Sausage roll with 1/2 Baked potato	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Spaghetti Bolognese	MSC Fishfingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese	Vegetable Sausage with 1/2 baked potato	Vegetable Wellington with Roast Potatoes and Gravy	Vegetable Lasagne	Cheese and Tomato Quiche with Chips
Option 3	Jacket Potato with cheese and beans	Jacket Potato with cheese and beans	Jacket Potato with tuna mayo	Jacket Potato with cheese and beans	Jacket Potato with cheese and beans
Vegetables	Peas Sweetcorn	Green beans carrots	Cauliflower Savoy cabbage	Carrots Broccoli	Baked Beans Garden Peas
Dessert	Apple Crumble with Custard	Shortbread	Chocolate sponge	Oaty cookie	Iced sponge
		Or a choice of Yoghurt & Fresh Fruit available daily			
Option 1	Cheese and Tomato Pizza with New Potatoes	Sausage & Mash	Roast Chicken with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegetable Hotpot	Vegetable sausage & Mash	Roasted Quorn with Roast Potatoes and Gravy	5 Bean chilli	Vegetable Pasty with Chips
Option 3	Jacket Potato with cheese and beans	Jacket Potato with cheese and beans	Jacket Potato with tuna mayo	Jacket Potato with cheese and beans	Jacket Potato with cheese and beans
Vegetables	Peas Sweetcorn	Carrots Green beans	Broccoli Carrots	Sweetcorn Savoy Cabbage	Baked Beans Garden Peas
Dessert	Fruit Crumble with Custard	Lemon Drizzle Cake	Chocolate Shortbread	sponge Pudding with Custard	Chocolate cake
		Or a choice of Yoghurt & Fresh Fruit available daily			
Option 1	Vegetable Hotdog*	Beef burger with 1/2 Baked potato	Roast Gammon with Roast Potatoes and Gravy	Chicken, Pie with Mashed Potatoes	MSC Fishfingers with Chips and Tomato Sauce
Option 2	Vegetable tagine with Rice	Vegetable tomato pasta	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Shepherd's pie	BBQ Quorn with Chips
Option 3	Jacket Potato with cheese and beans	Jacket Potato with cheese and beans	Jacket Potato with tuna mayo	Jacket Potato with cheese and beans	Jacket Potato with cheese and beans
Vegetables	Peas Sweetcorn	Green beans Carrots	Swede Broccoli	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding with Custard	Vanilla sponge with chocolate sauce	Fruity Shortbread	Apple crumble and Custard	Iced sponge
		Or a choice of Yoghurt & Fresh Fruit available daily			