

**ALLERGY INFORMATION:** If your child has an allergy or intolerance they can still have a school lunch. You will be asked to complete a form to ensure we have the necessary information to cater for your child. Please ask a member of the catering team for details.  
As far as possible we have a 'no nut' policy.

Summer GOLD Menu 2018  
GCC  
Walmore Hill



		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	<b>Vegetable cottage pie</b>	<b>Spaghetti Bolognese (made with organic mince beef)</b>	<b>Roast Gammon with Roast Potatoes &amp; Gravy</b>	<b>Sausage &amp; Mash</b>	<b>Salmon Fish Fingers/Fish Fingers &amp; Chips</b>
16/04/2018	Vegetarian	<b>Cheese &amp; tomato Quiche</b>	<b>Vegetable Pasta Bake</b>	<b>Quorn Roast with Roast Potatoes &amp; Gravy</b>	<b>Vegetable Casserole with Cous Cous</b>	<b>Cheese &amp; Onion Quiche with Chips</b>
07/05/2018	other	<b>Jacket Potato with Cheese/ Tuna Mayo</b>	<b>Jacket Potato with Cheese or Tuna</b>	<b>Jacket Potato with Beans</b>	<b>½ Filled Baguette with wedges Ham/Cheese</b>	<b>Jacket Potato with Cheese</b>
04/06/2018		<b>Carrots</b>	<b>Sweetcorn</b>	<b>Seasonal Vegetables</b>	<b>Carrots</b>	<b>Baked Beans</b>
25/06/2018		<b>Garden Peas</b>	<b>Broccoli</b>	<b>lemon drizzle cake</b>	<b>Green Beans</b>	<b>Garden Peas</b>
16/07/2018	Dessert	<b>Fruit Crumble with Custard Yoghurt</b>	<b>Chocolate &amp; Beetroot Brownie Yoghurt</b>	<b>Fresh Fruit platter</b>	<b>Apple Sponge with Custard Yoghurt</b>	<b>Iced Shortbread Finger Yoghurt</b>
		<b>Fresh Fruit Platter</b>	<b>Fresh Fruit platter</b>		<b>Fresh Fruit platter</b>	<b>Fresh Fruit Salad</b>
<b>Week 2</b>	<b>Main</b>	<b>Veggie chilli &amp; rice</b>	<b>Chicken enchilada with Jacket Wedges</b>	<b>Roast Pork with Roast Potatoes &amp; Gravy</b>	<b>Beef Burger in a Bun with Baby Baked Potatoes</b>	<b>Battered Fish &amp; Chips</b>
23/04/2018	Vegetarian	<b>Macaroni cheese</b>	<b>Sweet Potato &amp; lentil curry with rice</b>	<b>Vegetable Pasty with Roast Potatoes</b>	<b>Cheese &amp; tomato pinwheel</b>	<b>Vegetable enchilada with Chips</b>
14/05/2018	other	<b>Jacket Potato with Tuna Mayo</b>	<b>Jacket potato with Cheese/Tuna</b>	<b>Jacket Potato with Beans</b>	<b>½ Filled Baguette with wedges Ham/Cheese</b>	<b>Jacket Potato with Cheese</b>
11/06/2018		<b>Broccoli</b>	<b>Mixed Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Salad</b>	<b>Baked Beans</b>
02/07/2018		<b>Green beans</b>	<b>Banana cake</b>	<b>Flapjack</b>	<b>Sweet corn</b>	<b>Garden Peas</b>
23/07/2018	Dessert	<b>Chocolate sponge with chocolate sauce Yoghurt</b>	<b>Yoghurt</b>	<b>Cheese &amp; Biscuits</b>	<b>Apple &amp; Berry pie with custard Yoghurt</b>	<b>Krispie Cake</b>
		<b>Fresh Fruit platter</b>	<b>Fresh Fruit Platter</b>	<b>Fresh Fruit platter</b>	<b>Fresh Fruit Platter</b>	<b>Fresh Fruit Salad</b>
<b>Week 3</b>	<b>Main</b>	<b>Veggie Lasagne with garlic slice</b>	<b>Ham Pizza with wedges</b>	<b>Roast Chicken &amp; Stuffing with Roast Potatoes &amp; Gravy</b>	<b>Meatballs with Rice</b>	<b>Fishwich &amp; Chips</b>
30/04/2018	Vegetarian	<b>Sweet &amp; Sour quorn with noodles</b>	<b>Cheese &amp; Tomato Pizza with wedges</b>	<b>Vegetable Pie with Roast Potatoes &amp; Gravy</b>	<b>Spring vegetable risotto</b>	<b>Vegetable wrap &amp; Chips</b>
21/05/2018	other	<b>Jacket Potato with Tuna Mayo</b>	<b>Jacket potato with Cheese/tuna</b>	<b>Jacket Potato with Beans</b>	<b>Filled Baguette with wedges Ham/Cheese</b>	<b>Jacket Potato with Cheese</b>
18/06/2018		<b>Mixed vegetables</b>	<b>Sweetcorn &amp; peppers</b>	<b>Seasonal Vegetables</b>	<b>Broccoli</b>	<b>Garden Peas</b>
09/07/2018		<b>Peach sponge with custard Yoghurt</b>	<b>Vanilla sponge</b>	<b>Ice- Cream &amp; fruit yoghurt</b>	<b>Green beans</b>	<b>Baked Beans</b>
	Dessert	<b>Fresh Fruit platter</b>	<b>Fruit Yoghurt</b>	<b>Fresh Fruit platter</b>	<b>Ginger sponge &amp; custard Yoghurt</b>	<b>Chocolate muffin</b>
			<b>Fresh Fruit Platter</b>		<b>Fresh Fruit Platter</b>	<b>Fresh Fruit platter</b>

